



DIFFERENTLY, THE SAME

<sup>10</sup> As Pharaoh approached, the Israelites looked up, and there were the Egyptians, marching after them. They were terrified and cried out to the Lord. <sup>11</sup> They said to Moses, “Was it because there were no graves in Egypt that you brought us to the desert to die? What have you done to us by bringing us out of Egypt? <sup>12</sup> Didn’t we say to you in Egypt, ‘Leave us alone; let us serve the Egyptians’? It would have been better for us to serve the Egyptians than to die in the desert!” ..

Exodus 14:10-22

<sup>13</sup> Moses answered the people, “Do not be afraid. Stand firm and you will see the deliverance the Lord will bring you today. The Egyptians you see today you will never see again. <sup>14</sup> The Lord will fight for you; you need only to be still.” <sup>15</sup> Then the Lord said to Moses, “Why are you crying out to me? Tell the Israelites to move on. <sup>16</sup> Raise your staff and stretch out your hand over the sea to divide the water so that the Israelites can go through the sea on dry ground. ...

Exodus 14:10-22

<sup>17</sup> I will harden the hearts of the Egyptians so that they will go in after them. And I will gain glory through Pharaoh and all his army, through his chariots and his horsemen. <sup>18</sup> The Egyptians will know that I am the Lord when I gain glory through Pharaoh, his chariots and his horsemen.”

<sup>19</sup> Then the angel of God, who had been traveling in front of Israel’s army, withdrew and went behind them. The pillar of cloud also moved from in front and stood behind them, ...

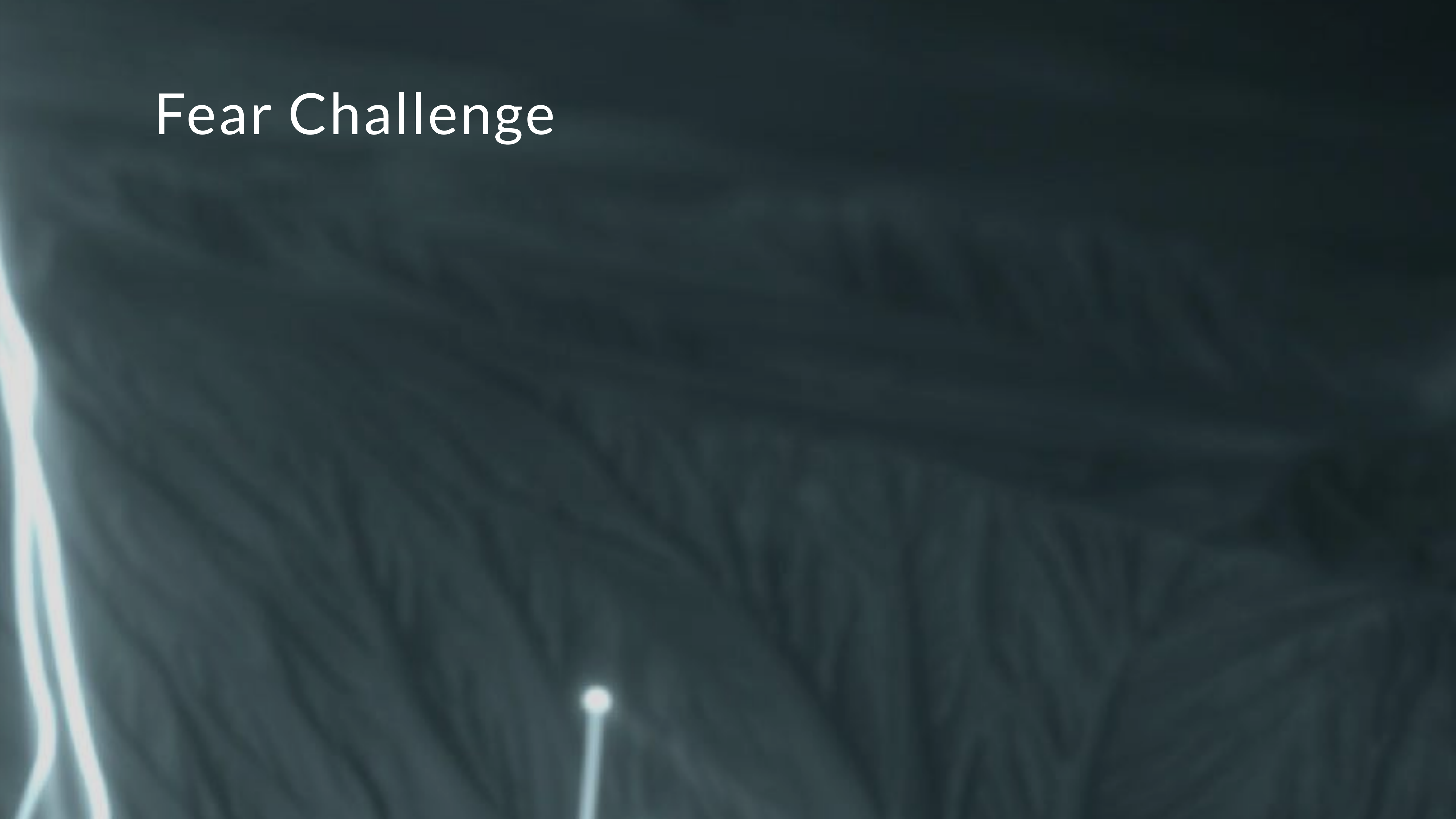
Exodus 14:10-22

<sup>20</sup> coming between the armies of Egypt and Israel. Throughout the night the cloud brought darkness to the one side and light to the other side; so neither went near the other all night long.

<sup>21</sup> Then Moses stretched out his hand over the sea, and all that night the Lord drove the sea back with a strong east wind and turned it into dry land. The waters were divided, <sup>22</sup> and the Israelites went through the sea on dry ground, with a wall of water on their right and on their left.

Exodus 14:10-22

# Fear Challenge



Fear Challenge: *I'm afraid of you.*

Fear Challenge: *I'm afraid of you.*

Reliability Challenge



Fear Challenge: *I'm afraid of you.*

Reliability Challenge: *I'm unsure about you.*

Fear Challenge: *I'm afraid of you.*

Reliability Challenge: *I'm unsure about you.*

Cultural Challenge

Fear Challenge: *I'm afraid of you.*

Reliability Challenge: *I'm unsure about you.*

Cultural Challenge: *I'm insecure around you.*

Fear Challenge: *I'm afraid of you.*

Reliability Challenge: *I'm unsure about you.*

Cultural Challenge: *I'm insecure around you.*

Trust Challenge

Fear Challenge: *I'm afraid of you.*

Reliability Challenge: *I'm unsure about you.*

Cultural Challenge: *I'm insecure around you.*

Trust Challenge: *I don't trust you.*

Fear Challenge: *I'm afraid of you.*

Reliability Challenge: *I'm unsure about you.*

Cultural Challenge: *I'm insecure around you.*

Trust Challenge: *I don't trust you.*

Pandemic Challenge

Fear Challenge: *I'm afraid of you.*

Reliability Challenge: *I'm unsure about you.*

Cultural Challenge: *I'm insecure around you.*

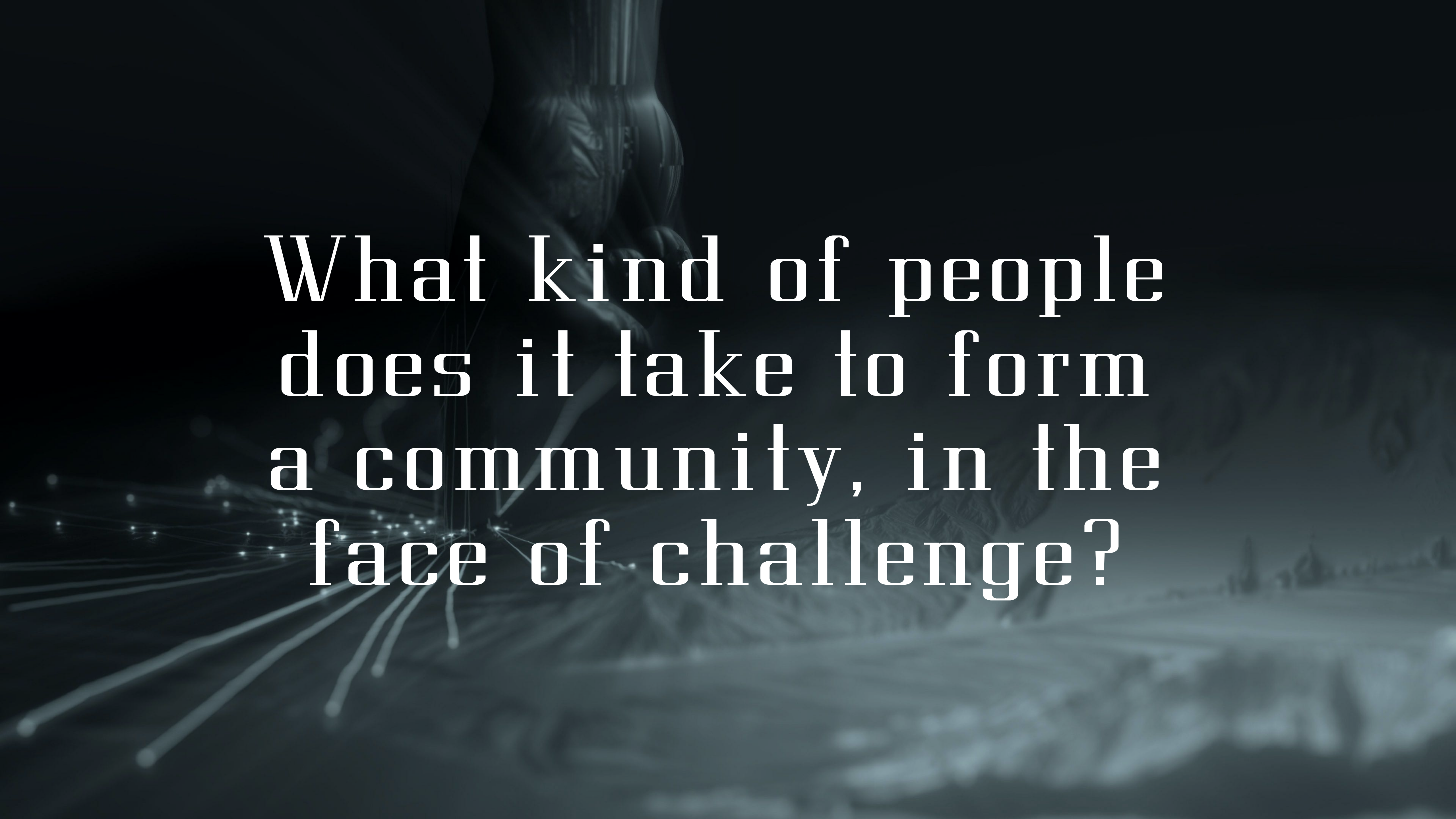
Trust Challenge: *I don't trust you.*

Pandemic Challenge: *I'm okay without you.*

All we have to see/  
Is that I don't belong to you/  
And you don't belong to me

George Michael  
*Freedom*





What kind of people  
does it take to form  
a community, in the  
face of challenge?

A conceptual image featuring a hand holding a glowing fiber optic network. The hand is positioned at the top center, with numerous thin, glowing lines radiating downwards and outwards, resembling a complex network or data flow. The background is a dark, atmospheric seascape with waves and a distant horizon. The overall color palette is monochromatic, dominated by dark blues and greys, with the glowing lines providing a bright contrast.

It takes people who belong



It takes people who belong

It takes people who believe



It takes people who belong

It takes people who believe

It takes people who behold

A conceptual image featuring a hand holding a glowing fiber optic network. The hand is positioned at the top center, with numerous thin, glowing lines radiating downwards and outwards, creating a starburst effect. The background is a soft-focus landscape of a field or meadow under a sunset sky, with a few small structures visible in the distance. The overall color palette is muted, with blues, greys, and warm tones from the sunset.

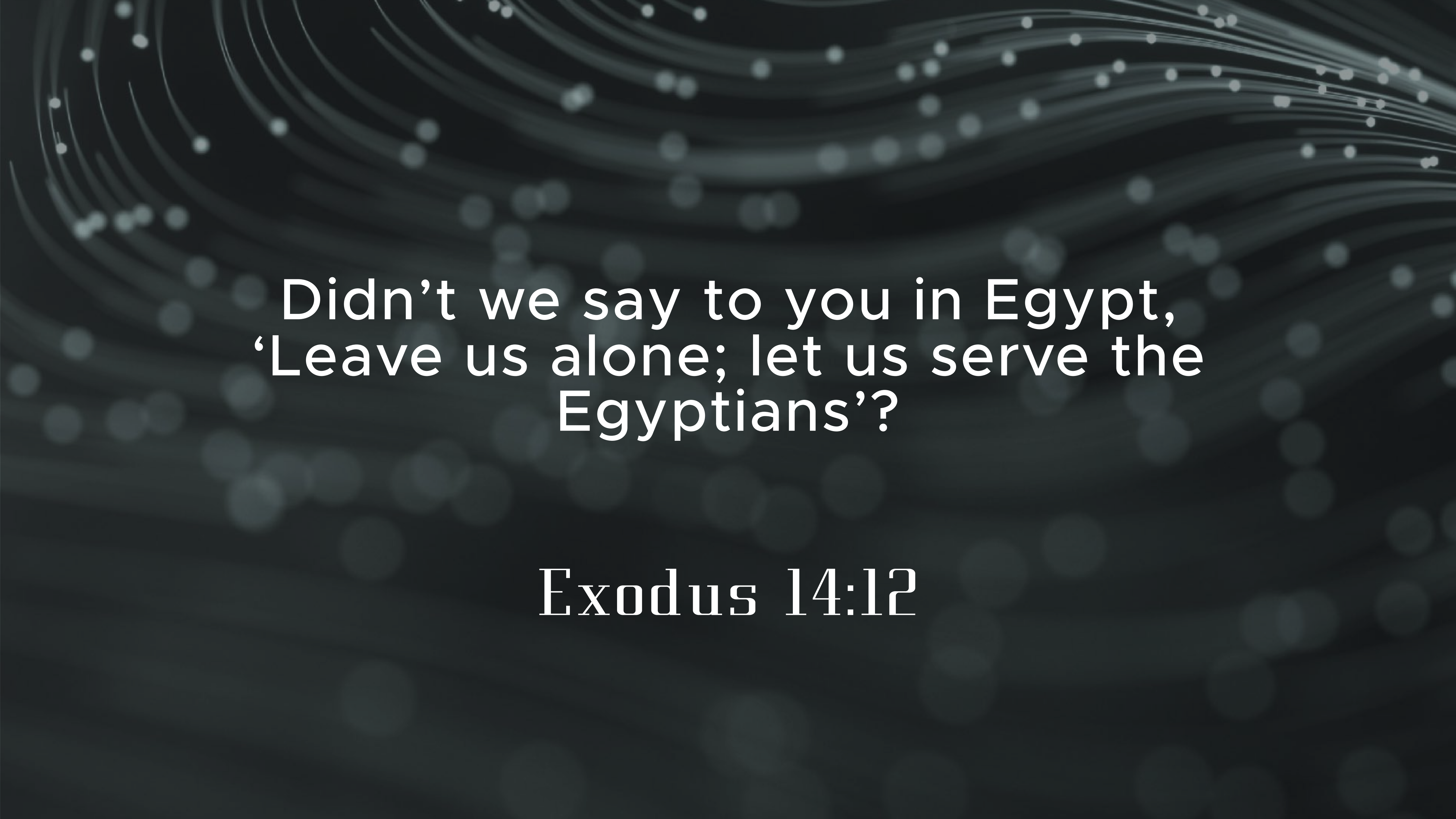
It takes people who belong

They said to Moses, “Was it because there were no graves in Egypt that you brought us to the desert to die?”

Exodus 14:11

What have you done to us by  
bringing us out of Egypt?

Exodus 14:11



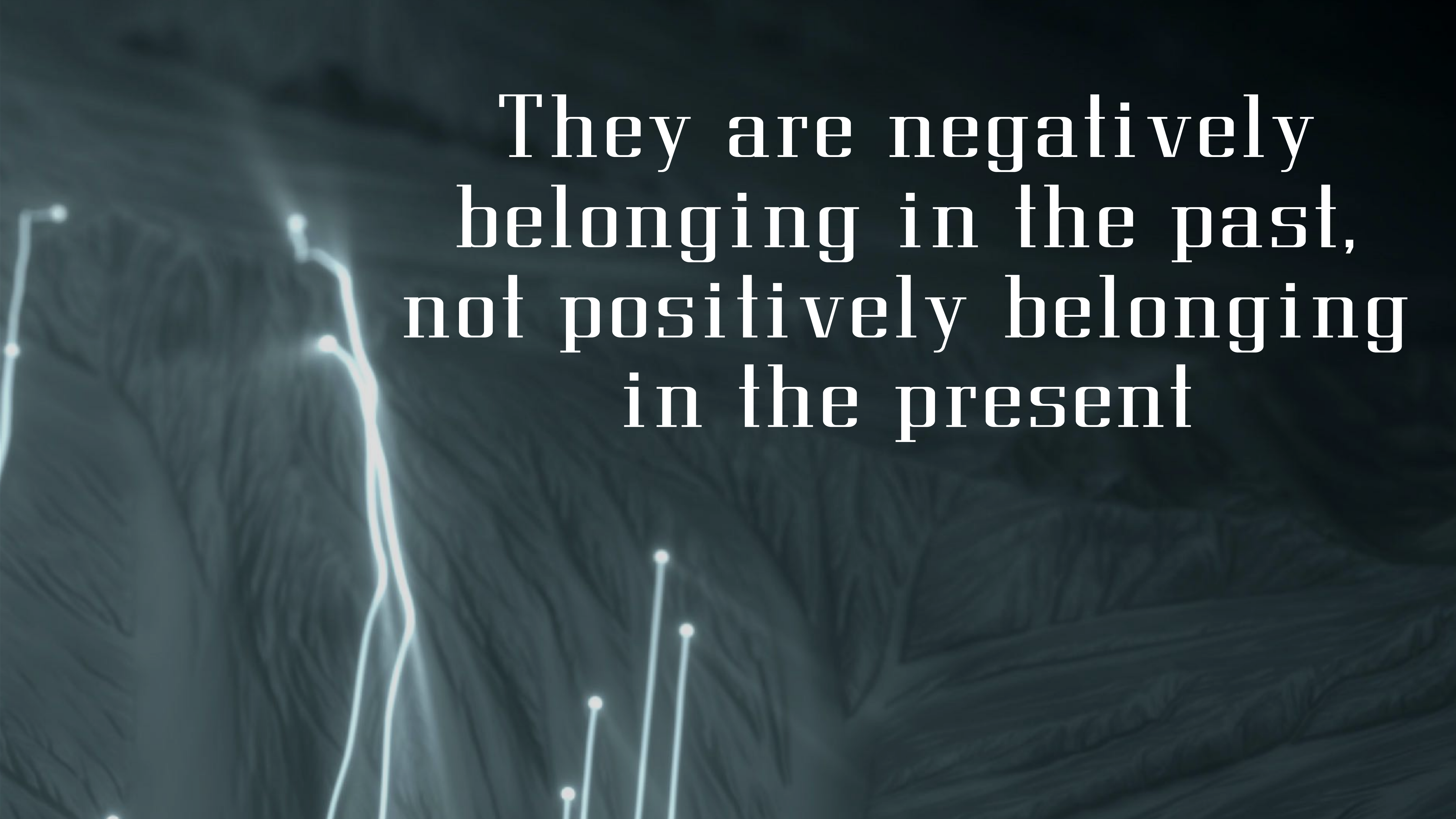
Didn't we say to you in Egypt,  
'Leave us alone; let us serve the  
Egyptians'?

Exodus 14:12




The Israelites groaned in their slavery and cried out, and their cry for help because of their slavery went up to God.

Exodus 2:23



They are negatively  
belonging in the past,  
not positively belonging  
in the present



To build community,  
God needs people  
who belong



It takes people who belong

It takes people who believe

Moses answered the people, “Do not be afraid. Stand firm and you will see the deliverance the Lord will bring you today. The Egyptians you see today you will never see again. The Lord will fight for you; you need only to be still.”

Exodus 14:13-14

Differentiation is the capacity  
to take a stand in an intense  
emotional system.

Edwin Friedman

*A Failure of Nerve*

Differentiation is containing one's reactivity to the reactivity of others, which includes the ability to avoid being polarized.

Edwin Friedman

*A Failure of Nerve*

Differentiation is maintaining a  
non-anxious presence in the face  
of anxious others.

Edwin Friedman

*A Failure of Nerve*



Differentiation is knowing where  
one ends and another begins.

Edwin Friedman

*A Failure of Nerve*

Differentiation is being able to  
cease automatically being one of  
the system's emotional dominoes.

Edwin Friedman

*A Failure of Nerve*

Differentiation is taking maximum responsibility for one's own emotional being and destiny rather than blaming others or the context.

Edwin Friedman

*A Failure of Nerve*

In its simplest terms, therefore,  
differentiation is the capacity to be  
[an] integrated...person while still  
belonging to...a larger colony.

Edwin Friedman

*A Failure of Nerve*

I can be a non-anxious presence  
in the face of anxious others.

I can take a peaceful stand in an  
intense emotional system.

I can contain my reactivity in the  
face of others' reactions.

I am able to take responsibility  
for my emotional well-being.

I am not the sum total of what  
others say about me.

I can be myself and still belong  
to a community.



It takes people who belong

It takes people who believe

It takes people who behold

Then the Lord said to Moses, “Why are you crying out to me? Tell the Israelites to move on. Raise your staff and stretch out your hand over the sea to divide the water so that the Israelites can go through the sea on dry ground.

Exodus 14:15-16

Then the angel of God, who had been traveling in front of Israel's army, withdrew and went behind them.

Exodus 14:19



The pillar of cloud also moved from in front and stood behind them, coming between the armies of Egypt and Israel. Throughout the night the cloud brought darkness to the one side and light to the other side; so neither went near the other all night long.

Exodus 14:19-20

Then Moses stretched out his hand over the sea, and all that night the Lord drove the sea back with a strong east wind and turned it into dry land. The waters were divided, and the Israelites went through the sea on dry ground, with a wall of water on their right and on their left.

Exodus 14:21-22



“what is in your hand?”

Exodus 4 : 2